



# Nature's Beauty Secrets

THE BENEFICIAL BOTANICALS OF HALELE'A SPA

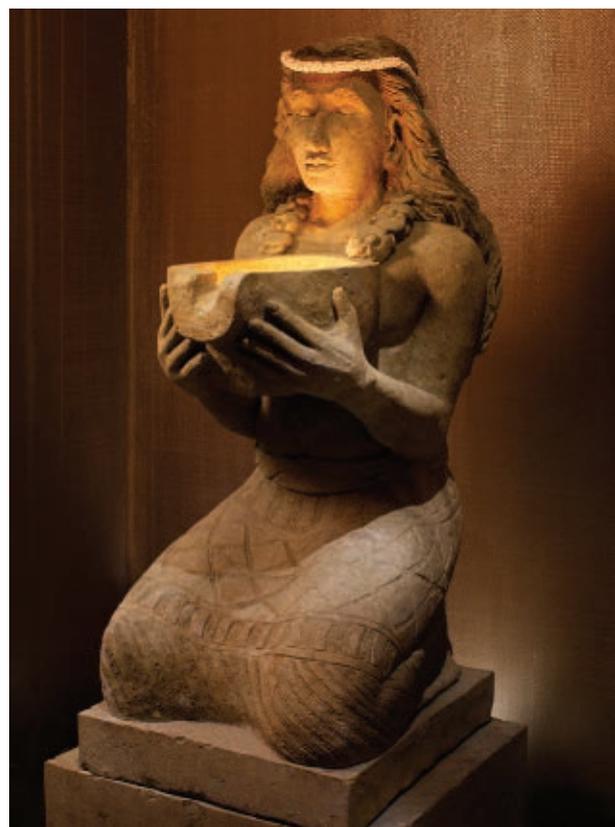
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*The abundant, lush landscape of Kaua'i holds a plethora of botanical resources that rejuvenate, heal, and encompass the spirit of the island. Harmonizing these natural resources with indigenous Hawaiian healing and Western techniques, Halele'a Spa, which means "House of Joy," features an array of treatment specialties that utilize these precious botanicals from both the earth and the sea. Luxuriate in the unique spa offerings while receiving a multitude of therapeutic benefits.*

WORDS  
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## COCONUT

Known as the “Tree of Life,” the coconut palm was one of the most widely used plant resources by the Polynesians. Today, this nourishing fruit rich in vitamin B continues to be highly sought-after for its multiple health, wellness and beauty benefits. Coconut oil is an excellent skin, scalp and hair moisturizer helping to increase hydration, promote cellular repair and prevent premature aging. Its antiviral, antibacterial and antifungal properties provide a powerful barrier against acne, eczema, and many other ailments. Additionally, coconut oil supports weight loss by boosting metabolism and minimizing sugar cravings. After a day at the beach, slather organic virgin coconut oil onto your skin and hair and let this near do-all miracle oil work its magic.

### *Rainforest Shower and Taro Butter Polish*

An exceptional spa experience, this opulent treatment takes place in Halele‘a Spa’s Vichy shower with its multiple showerheads that cascade a steady stream of water onto the body. Made from Kaua‘i sugar, the *maile-*

scented body scrub is infused with virgin coconut oil, cocoa butter and grapefruit seed extract—all certified organic. Sealed with the Taro Butter Kiss, the skin is left supple and soft.

### *Coconut Milk and Starfruit Pedicure*

Warmed coconut milk comforts tired feet after a long day of exploring the treasures of the Garden Isle. This milky bath (also infused with other exotic nut oils) moistens the skin before a masque is applied and a natural sugarcane rub to get your feet feeling angel soft. To conclude, the Botanical Refining Balm is massaged into your lower legs and feet to reinvigorate from the soles up.

## ALGAE

Intrinsic to the ocean, algae provide potent leading skincare ingredients with seemingly infinite advantages that go beyond beauty. Known as one of the most nutrient-dense foods in the world, algae (notably the blue-green varieties) have supreme anti-aging compounds that promote cellular regeneration and reduce wrinkles and fine

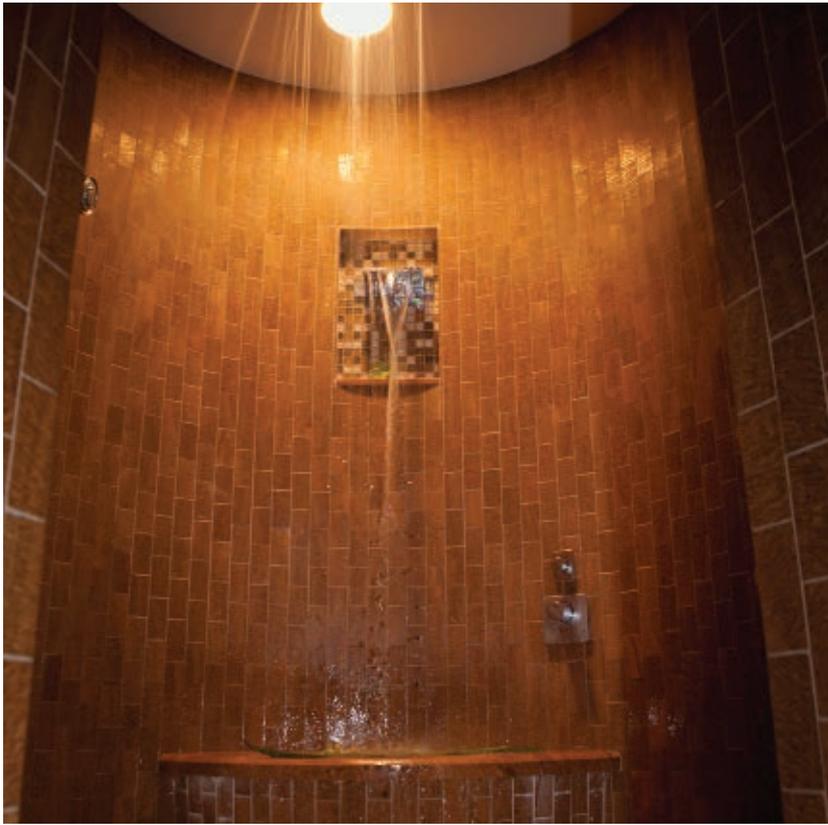
lines. Spirulina, a notable variety, contains an especially high concentration of vitamins, minerals, amino acids and carotenoids. Fortifying the immune system, spirulina is around 65 percent of easily assimilated protein (more than red meat) and the vitamin content is excellent for overall health. Add a spoonful of spirulina to your morning smoothie for detoxification and overall wellbeing.

### *Sea of Life Radiance Facial*

This advanced luxury treatment will oxygenate skin, brighten skin tone, improve cellular function, refine pores, and heal sun damage. Infuse your skin with a unique selection of repairing actives formulated with antioxidants, organic marine and botanical extracts, Vitamin C, and hyaluronic acid. A hydrating algae facial massage completes this powerful customizable facial for all skin types.

### *White Algae Wrap*

A gentle whole body skin brushing and application of organic sea algae oil helps reduce water retention, opens pores and



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softens sun-damaged skin. You are then enveloped in a soothing white algae body mask, made of the purest calcium-rich algae.

### **GINGER**

Ginger has a long history of being revered for its medicinal properties by numerous cultures throughout the world, including Hawaiians. It contains more than 50 antioxidant compounds that have all-inclusive health advantages. Ginger's impressive cleansing qualities improve the appearance of skin by removing impurities deep inside the pores, stimulating circulation and minimizing acne and scarring. Its anti-inflammatory and antibacterial attributes are good for pain relief of sore muscles and joints. The ginger root's famous role in curing digestive disorders such as nausea, vomiting, and motion sickness complement its widespread application as a remedy for colds and flu. Sipped as a warm tea, ginger's medicinal effects promote inner and outer radiance and wellbeing.

### ***Kaua'i Waialeale Body Masque***

An ultimate healing fusion of raw Kaua'i

elements such as ginger, turmeric, organic aloe, *noni*, *kava* and blue-green algae, the infused wild-crafted island clay emanates the floral scent of the native *maile* vine. The cleansing masque is an unparalleled treatment that detoxifies and replenishes.

### ***Kane's Hot Towel Facial***

Designed specially with *kane* (men) in mind, this facial focuses on decongesting the pores and balancing the skin. In addition to using ginger, the facial also uses plants like bamboo, lemon, tiger grass and the iconic blue lotus to exfoliate, purify and hydrate the skin so the gentleman can put his best face forward.

### **DE-STRESS**

#### ***Undaria Scrub & Detox Wrap***

Personalize your treatment with a choice of two blends of essential oils. De-stress while a purifying organic bio-scrub blend of seaweed, pumice, acai and guarana polishes skin and purifies pores, while providing a protective barrier of moisture on your skin. Following the scrub is a detoxifying algae wrap that also feeds and hydrates the skin.

Salts from the four corners of the earth are used to exfoliate and soften your feet. Warm algae gel is used to massage your scalp and treat dry hair. After a warm shower, a luxurious massage of kukui and algae oil will seal in the benefits of this treatment.

### **REVITALIZE**

#### ***Rejuvenating Hanalei Bay Ritual***

A ritual blending layers of exceptional ingredients and pure scents deeply into the skin. A vigorous exfoliation with warming ginger grass and bamboo releases vital energy throughout the body. Tapotement with organic rice bran scented with cherry blossoms releases muscle tension before a wrap for deep softness. A balancing facial massage with rose, aloe and avocado evens skin tone and promotes the production of collagen. Soak in mint and chlorophyll to improve the immune system while purifying with yuzu mimosa sea algae. An anti-oxidant rich rose camellia mist awakens, preparing the whole body to be stretched and hydrated in an inspired massage with wild lime silk oil and softness is protected with an application of plum blossom and silk cream.